

INSERT LOGO

August 26-28, 2016

**WELL-BALANCED PROGRAM
TEST TRACK
PAIRS
COMPULSORY/JUMPS/SPINS
SYNCHRONIZED SKATING
SHOWSKATE**

Registration Due via Entryeze no later than August 1, 2016

Payment via a secured credit card transaction

**Hosted by
The Oklahoma City Figure Skating Club**

**Arctic Edge Ice Arena
14613 N Kelly Ave
Oklahoma City, OK 73013**

Sanctioned by:



Entry Deadline August 1, 2016



2016 OKLAHOMA OPEN AUGUST 26-28, 2016

Hosted by
The Oklahoma City Figure Skating Club

The 2016 Oklahoma Open competition will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and who is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

This competition will follow requirements for the 2016-2017 competition season.

ELIGIBILITY/TEST LEVEL:

Test level: Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event. Skaters who placed in the top four in a final round of their last qualifying competition in their divisions must move up one level, except for novice and higher.

Age restrictions/requirements: Skaters entering juvenile free skate events (Well Balanced Program) must be under 14 years of age at the close of entries. Skaters entering open juvenile free skate events (Well Balanced Program), must be at least 14 years of age at the close of entries.

Skaters entering beginner-pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

ENTRIES: Only online entries with secure credit card payment through EntryEeze will be taken. See event site at www.EntryEeze.com for more information. Note that electronic entries must be paid with a successful credit card transaction to be considered valid and **must be completed by midnight, August 1, 2016**. Late entries will be accepted at the discretion of the competition committee, and only if accompanied by a \$30 late fee.



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Entries Continued:

FINAL ROUND is based on Free Skate Program ONLY

Short Program and Free Skate Programs will be considered separate events. Scores will NOT be combined

Skaters may only compete in ONE Free Skate event

Skaters may compete in TWO Short Program events (but not at the same level)

First IJS Events:

Juvenile, Intermediate, Novice, Junior, Senior Short Program **\$75 - Includes one Official 20-Minute Practice**

Intermediate, Novice, Junior, Senior Pairs Short Program **\$60 per person - Includes one Official 20-Minute Practice**

Juvenile, Intermediate, Novice, Junior, Senior Free Skate **\$130 - Includes one Official 20-Minute Practice**

Juvenile, Intermediate, Novice, Junior, Senior Pairs Free Skate **\$80 per person - Includes one Official 20-Minute Practice**

Additional IJS Event:

Juvenile, Intermediate, Novice, Junior, Senior Short Program **\$60**

Intermediate, Novice, Junior, Senior Pairs Short Program **\$50 per person**

FIRST 6.0 Event:

Non-qualifying level Free Skates, Adult Free Skate, Test Track Free Skate **\$115 Includes one Official 20-Minute Practice**

Pre-Juvenile Pairs **\$60 per person - Includes one Official 20-Minute Practice**

Compulsories, Showskate, Spins, Jumps **\$100**

ADDITIONAL 6.0 Events:

Additional Singles Entries **\$45**

Synchronized Team **\$110 per team plus \$15 per skater**

NOTE: FINAL ROUND is based on Initial Round Free Skate Program ONLY

***Note** – Limited Pre-Preliminary and Open Pre-Juvenile are not considered part of the standard competition series but past demand has warranted us to continue to offer them.

REFUND POLICY: Entry fees will not be refunded after the deadline date, unless no competition exists or the event is canceled. **There will be no refunds for medical withdrawals.** The online processing fees are not refundable. Contested credit card charges will be issued a \$25 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events. Notification of competition and practice ice times will be available online at the event site found at www.EntryEeze.com.

There will be a \$30 change fee for each change of event or level after the entry deadline date.

Full refunds, **minus the online processing fee**, are available if withdrawal is prior to the entry deadline.

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FACILITIES: Arctic Edge Ice Arena is located in Oklahoma City, Oklahoma, at 14613 N Kelly Ave, Oklahoma City, OK 73013. Both ice surfaces are 200' x 85' with rounded corners.

MUSIC: Competitors must provide uploaded copies of music for all events, as appropriate.

Competition music for all events that require music **must be submitted electronically via the online registration system** by the music deadline of 8/14/2016 at 11:59 pm via Entryeze. Late music will be accepted at the discretion of the competition committee, and only if accompanied by a \$10 late fee.

After you have paid for your events, the system will prompt you to upload your music for each event that requires music. If your music is not available at that time, you can logout of your account and return later to upload your music by going to the "competition" tab and then selecting "my music".

Your music must meet the following criteria. If you have questions about what format you have, please contact your coach and get a new version of your music that meets the criteria listed below.

Music Criteria:

- 1) File Format: **MP3** (the online system will automatically check this)
- 2) **Bit Rate: 192 kbps** or higher (this will be checked by the music chairperson and they may request you upload a corrected file)
- 3) **Sample Rate: 44,100 kHz** (this will be checked by the music chairperson and they may request you upload a corrected file)
- 4) Leaders and trailers (the silence or "dead space" before and after the actual start and end of the program music) may not exceed two (2) seconds. We prefer that there be NO leaders or trailers at all. Excessive leaders and trailers may disrupt the playing of the music during competition.

Competitor's practice ice CDs are to be turned in to the Ice Monitor just prior to the competitor's official practice.

Music Do's and Don'ts

- Have a separate CD for practice and competition, and for each competitive program.
- A duplicate CD should be readily available at event time.
- Single track CDs only. No CD-RWs.
- CDs must be clearly marked with competitor's name, event, and running time of music. Music may be picked up at the registration table following each event.

Every reasonable care will be taken, but the Oklahoma City Figure Skating Club cannot be responsible for CDs left at the end of the competition.

A duplicate CD should be readily available rinkside at time of event.

LIABILITY: U.S. Figure Skating, Oklahoma City Figure Skating Club, and Arctic Edge Ice Arena accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

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JUDGING SYSTEM: The Oklahoma Open will be using the International Judging System (IJS) to determine all events (SP/FS) results for Juvenile/Open Juvenile through Senior level skaters, Juvenile through Senior Pairs. All other events, including Test Track events, will be judged using the 6.0 Majority system of judging.

The International Judging System (IJS) will be used for the following events:

- *Well Balanced Program free skate events, juvenile/open juvenile – senior*
- *Short program events, juvenile/open juvenile – senior*
- *Pairs free skate events, juvenile – senior*
- *Pairs short program events, intermediate – senior*

All competitors skating in these events need to submit the Planned Program Content (PPC) form online. This form is found in the Member's Only section at www.usfigureskating.org. The deadline to submit the form is August 1, 2016.

Changes to the planned program content form will be accepted until 10 days prior to the competition. Forms turned in at the competition will not be accepted. **Entries without the program content form will not be accepted.**

The 6.0 Majority Judging System will be used for:

- *Well Balanced Program free skate events, pre-preliminary – pre-juvenile, *limited pre-preliminary, *open pre-juvenile.*
- *Introductory free skate events (beginner, high beginner, no-test)*
- *All Test Track events*
- *All specialty singles events (spins, jumps, compulsory moves, etc.)*
- *Synchronized events*

REGISTRATION: See the event site located at www.entryeeze.com for registration begin and end day and time. Registration will be open from one hour before the first event and run through the last event of the day. The registration table will be located in the rink lobby. Please register promptly upon arrival and remember to bring your official music CD(s).

PRACTICE ICE: Practice ice may be chosen online for \$15 for each 20 (twenty) minute session. Exclusive Synchronized Team practice ice may be chosen online for \$75 for each 20 (twenty) minute session. **Pre-paid practice ice is non-refundable and may not be sold to other skaters.** Practice ice can only be purchased through EntryEeze until the desk opens at the event.

Once the desk opens at the event, all remaining practice ice sessions will be sold only in person at the practice ice desk for \$20 for each 20 minute session.

SUMMARY

- \$15 Prepaid 20-minute practice session
- \$20 20-minute practice session at the competition

ALL OFFICIAL PRACTICE ice will be assigned on Thursday, August 25th.

The ability to play music on other morning practice sessions will be on a first come-first serve basis as time allows. Music can be turned in no earlier than 15min prior to practice session.

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PHOTOGRAPHY/VIDEOGRAPHY: Action photos and event videos by a company to be announced. The competition committee reserves the right to restrict personal videotaping to your skater only. Personal cameras will be permitted in the bleachers only and may not be plugged into arena outlets. Videotaping for personal profit is not allowed.

AWARDS: Medals will be awarded to first, second, third and fourth place winners in all events. Ribbons will be awarded to fifth and sixth place winners. Trophies will be awarded to Pre- Preliminary, Preliminary, Pre-Juvenile, Juvenile, Intermediate, Novice, Junior, and Senior final round winners if number of entries warrant and time permits for final rounds to be held. Synchro Teams will be grouped by Division if there are at least two teams entered in the same division, otherwise all teams will be considered an exhibition and will be given a critique (upon request).

All awards will be presented off-ice at the award's podium following each event.

OFFICIAL NOTICES: An official bulletin board will be maintained at the arena. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

INFORMATION REGARDING COACHES:

U.S. Figure Skating Rule MR 5.11 Coach Compliance

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;
- B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.
- C. Must complete the appropriate CER courses (A,B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.
- D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Basic Skills ONLY coaches - Any person, 18 and older, instructing in a U.S. Figure Skating Basic Skills Program must have successfully passed the annual background screen and be registered as a Basic Skills instructor member.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without compliance is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to:

<http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf>

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CONTACT INFORMATION:

Chief Referee

Keith Yingling

KeithYingling@gmail.com

Competition Co-Chair & Practice Ice

LaDonna Sinning

OKCFigureSkating@gmail.com

Competition Co-Chair & Event

Registrar (including music uploads)

Megan Williams

MegWilliams@cox.net

Program

Heather Armstrong

hdw74@cox.net

SCHEDULE: Every attempt will be made to schedule official practice ice on Saturday, August 27, 2016, with events beginning on Saturday, August 27, 2016. If the number of entries warrants, it may be necessary to begin official practice ice on Friday, August 26, with events beginning Friday afternoon/evening, August 26.

GARMENTS AND SOUVENIRS: Official 2016 Oklahoma Open Souvenirs may be purchased online and will be available at the competition.

PROGRAM ADVERTISEMENTS: Treat your favorite skater or coach to a special recognition by putting an advertisement in the program. Complete the Program Advertisement found on the event site located at www.entryeeze.com. Payment is to be made through EntryEeze.

TRANSPORTATION

For flying into the Oklahoma City area, Will Rogers World Airport is approximately 20 miles from Arctic Edge Ice Arena.

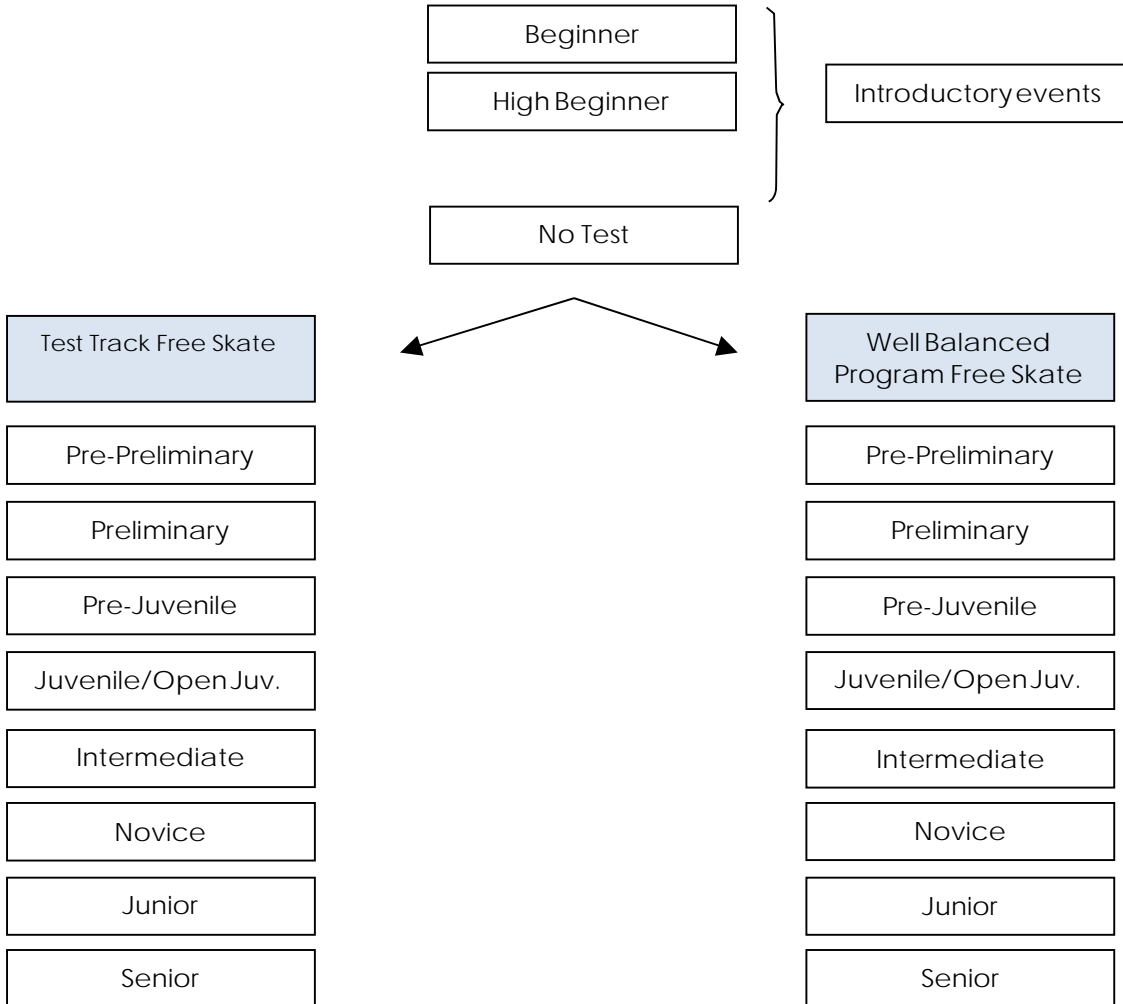
HOTEL ACCOMMODATIONS:

To be announced. Information will be provided on Entryeeze.

STANDARD SINGLES FREE SKATING EVENTS

See current rulebook or click [here](#) for current rules and requirements.

Illustration of Singles Free Skating Events:



Introductory Levels Free Skate Program - Beginner, High Beginner and No Test Levels

General event parameters:

1. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
2. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
3. Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 MAX	<p><i>Max. 5 jump elements:</i></p> <ul style="list-style-type: none"> • Jumps with no more than one-half rotation (front to back or back to front). • Max. 2 jump sequences • Max. 2 of any same jump 	<p><i>Max. 2 spins:</i></p> <p>Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)</p>	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
High Beginner 1:40 MAX	<p><i>Max. 5 jump elements:</i></p> <ul style="list-style-type: none"> • Jumps with no more than one-half rotation (front to back or back to front including half-loop) • Single rotation jumps: Salchow and toe loop only. • Max. 2 jump combinations or sequences • Max. 2 of any same type jump • 	<p><i>Max. 2 spins:</i></p> <p>Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)</p>	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
No-Test 1:40 MAX	<p><i>Max. 5 jump elements:</i></p> <ul style="list-style-type: none"> • Single jumps, with the exception of the single Axel, are allowed • Maximum of 2 jump combinations or sequences • Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is permitted • Jump sequences are limited to a maximum of 3 single jumps (half-loop is considered a listed jump with the value of a single loop when used in a sequence or combination) • No single Axels, double jumps or triple jumps are permitted 	<p>Max. 2 spins:</p> <ul style="list-style-type: none"> • Spins must be of different character. (For definition see rule 4103E) • Each spin must have a Minimum of 3 revolutions. • Spins may start with a fly • Spins may change feet, position and start with a fly. 	<ul style="list-style-type: none"> • Step sequence* • Must use one-half the ice surface • Moves in the field and spiral sequences are permitted but will not be counted as elements. • Jumps may be included in the step sequence 	Skaters must not have passed the U.S. Figure Skating pre-preliminary free skate test or higher.

Test Track Free Skate – Introductory through Senior levels

General event parameters:

1. Skaters may not enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition and cannot skate in multiple levels.
2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
3. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
4. Minimum number of spin revolutions are in () following the spin description. Revolutions must be in position.
5. The following deductions will be taken:
 - 0.1 from each mark for each technical element included that is not permitted in the event description.
 - 0.2 from the technical mark for each extra element included.
 - 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
Pre-Preliminary 1:40 max.	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> • Jumps with not more than one-half rotation (front to back or back to front including half-loop) • Single rotation jumps: Salchow, toe loop and loop only. • Max. 2 jump combinations or sequences • Max. 2 of any same type jump 	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> • Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
Preliminary 1:30 +/- 10 sec.	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> • Jumps with not more than one rotation (no Axels). • Max. 2 jump combinations or sequences • Max. 2 of any same type jump 	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> • One spin in one position; no change of foot, no flying entry. (Min. 3 revolutions) • One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot) 	Connecting moves and steps should be demonstrated throughout the program	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test
Pre-Juvenile 2:00 +/- 10 sec.	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> • Jumps with not more than one rotation (no Axels). • Max. 2 jump combinations or sequences • Max. 2 of any same type jump 	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> • One spin in one position, no change of foot (Min. 3 revolutions) • One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions). Spins may not fly. 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test

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<p>Juvenile 2:15 +/- 10 sec.</p>	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> Any single jumps, including Axel, are permitted. Max. 2 jump combinations or sequences Max. 2 of any same type jump 	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> One solo spin in one position, no change of foot (Min. 4 revolutions). One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions. (Min. 4 revolutions per foot) Only solo spin may fly 	<p>One step sequence fully utilizing ice surface</p>	<p>Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test</p>
<p>Intermediate 2:30 +/- 10 sec.</p>	<p><i>Maximum of 6 jump elements:</i></p> <ul style="list-style-type: none"> Any single jumps. Double jumps permitted: double Salchow and double toe loop. Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	<p>Maximum of 2 spins:</p> <ul style="list-style-type: none"> One must be a flying spin (min 5 revolutions), One must be a combination spin with at least one change of foot and at least one change of position (minimum 4 revolutions per foot). 	<p>One step sequence fully utilizing ice surface</p>	<p>Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test</p>
<p>Novice Ladies: 3:00 +/- 10 sec. Men: 3:30 +/- 10 sec.</p>	<p><i>Maximum of 7 jump elements for men and 6 for ladies:</i></p> <ul style="list-style-type: none"> Any single jumps. Double jumps permitted: double Salchow, double toe loop and double loop. Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	<p><i>Maximum of 3 spins, of a different nature:</i></p> <ul style="list-style-type: none"> One must be a combination spin with at least one change of foot and at least one change of position (min 5 revs per foot) The other spins are the option of the skater (min 6 revolutions per foot) All spins may fly 	<p>One step sequence or spiral sequence fully utilizing ice surface (see rule 4104 & 4105 for remarks)</p>	<p>Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test</p>
<p>Junior Ladies: 3:30 +/- 10 sec. Men: 4:00 +/- 10 sec.</p>	<p><i>Maximum of 8 jump elements for men and 7 for ladies:</i></p> <ul style="list-style-type: none"> Any single jumps. Double jumps permitted: double Salchow, double toe loop, double loop and double flip Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	<p><i>Maximum of 3 spins of a different nature:</i></p> <ul style="list-style-type: none"> One spin in one position (Min. 6 revolutions) One flying spin (Min. 6 revolutions) One combination spin consisting of all three basic positions and one change of foot (2 per position, min. 5) revolutions per foot) 	<p>One step sequence fully utilizing ice surface (See rule 4105 for remarks)</p>	<p>Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test</p>

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<p>Senior</p> <p>Ladies: 4:00 +/- 10 sec.</p> <p>Men: 4:30 +/- 10 sec.</p>	<p><i>Maximum of 8 jump elements for men and 7 for ladies:</i></p> <ul style="list-style-type: none"> • Any single jumps. • Must include at least four different double jumps, one must be a double Lutz. • Triple jumps are not permitted • Maximum of 3 jump combinations or sequences • Max. 2 of any same type jump 	<p><i>Maximum of 3 spins of a different nature:</i></p> <ul style="list-style-type: none"> • One spin in one position (Min. 6 revolutions) • One flying spin (Min. 6 revolutions) • One combination spin consisting of all three basic spin positions and one change of foot (2 per position, min. 5 revolutions per foot) 	<p><i>Men:</i></p> <p>Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface. <i>(See rule 4105 for remarks)</i></p> <p><i>Ladies:</i></p> <p>One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. <i>(See rule 4104 & 4105 for remarks.)</i></p>	<p>Skaters must have passed at least the U.S. Figure Skating junior free skate test</p>
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WELL BALANCED FREE SKATE AND SHORT PROGRAM EVENTS

General event parameters:

1. Skaters may not enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
2. Skaters will skate to the music of their choice.
3. See the Rule noted below for each level for test qualifications and age requirements. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
4. Either IJS or the 6.0 judging system may be used for these events.
5. All relevant and appropriate IJS rules will be used. Coaches and athletes are expected to be aware of these rules by reading the documents on www.usfigureskating.org, under "Technical Information," then "Singles/Pairs".
6. Genders may be combined in all Adult events.
7. Free Skate Events.

International Judging System

- o Juvenile Free Skate Program – Rule 4240
- o Intermediate Free Skate program – Rule 4230
- o Novice Free Skate program – Rule 4220
- o Junior Free Skate program – Rule 4210
- o Senior Free Skate program – Rule 4200

6.0 Majority

- o Pre-Preliminary Free Skate program – Rule 4270
- o *Limited Pre-Preliminary Free Skate program – Rule 4270 minus the Axel jump
- o Preliminary Free Skate program – Rule 4260
- o Pre-Juvenile Free Skate program – Rule 4250 with age requirement of under 14 years.
- o *Open Pre-Juvenile Free Skate program – Rule 4250 with age requirement of 14 years or older
- o Adult Pre-Bronze Free Skate program – Rule 4600
- o Adult Bronze Free Skate program – Rule 4590
- o Adult Silver Free Skate program – Rule 4580
- o Adult Gold Free Skate program – Rule 4570
- o Adult Masters Intermediate-Novice – Rule 4540

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- o Adult Masters Junior-Senior – Rule 4510
8. Short Program Events.

International Judging System

2016-2017 Short Program Requirements will be used

- o Juvenile/Open Juvenile Short program – Rule 4230 (same as Intermediate)
- o Intermediate short program – Rule 4230
- o Novice short program – Rule 4220
- o Junior short program – Rule 4210 (2016-2017 requirements)
- o Senior short program – Rule 4200

COMBINED SHORT PROGRAM & WELL BALANCED FREE SKATE EVENTS

The *Combined* Short and Free Skate event is **no longer offered**. Register for either the Short, the Free skate, or both, and skating **Short Program** at two levels (test level and one above) is allowed.

The Championship final round, if numbers warrant and time allows, will consist of the long program only.

INITIAL / FINAL ROUND FOR FREE SKATE EVENTS

If entries warrant, a final round free skate will be held for Pre-Preliminary, Preliminary, Pre-Juvenile, Juvenile, Intermediate, Novice, Junior, and Senior events.

FINAL ROUND is based on Initial Round Free Skate Program ONLY.

The Final Round will consist of the Free Skate program only.

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SINGLES COMPULSORY MOVES

INTRODUCTORY LEVELS COMPULSORY EVENTS

In simple program form using a limited number of connecting steps, and the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Skaters may have the option to skate one level higher in compulsories than their free skate program.

Level	Time	Skating rules/standards
Beginner	1:15 max	<ul style="list-style-type: none"> • Waltz jump • ½ jump of choice • Forward two-foot or one-foot spin, minimum three revolutions (free leg position optional) • Forward or backward spiral
High Beginner	1:15 max	<ul style="list-style-type: none"> • Toe loop jump • Salchow jump • Forward scratch spin - minimum three revolutions • Forward or backward spiral
No-Test	1:15 max	<ul style="list-style-type: none"> • Loop jump • Jump combination to include a toe loop (may not use a loop or Axel) • Solo spin - sit or camel spin - minimum three revolutions • Spiral sequence, must include a forward and backward spiral. Additional spirals and balance moves may be included.

STANDARD LEVELS COMPULSORY EVENTS

General event parameters:

In simple program form using a limited number of connecting steps, and the skating order of the required elements is optional.

- Pre-Preliminary – Juvenile: Elements skated on ½ ice.
- Intermediate – Senior: Elements skated on full-ice.
- Elements may be performed only once.
- Music is not allowed.

Level	Time	Skating rules/standards
Pre – Preliminary (& Limited Pre-Pre)	1:15 max	<ul style="list-style-type: none"> • Single Toe Loop • Jump combination: single/single (no Axel) • Sit spin or camel spin - minimum three revolutions • Spiral sequence with one forward spiral and one backward spiral (any edge)
Preliminary	1:15 max	<ul style="list-style-type: none"> • Single Lutz • Jump combination: single/single (may include Axel) • Back upright spin - minimum three revolutions • Forward inside spiral
Pre – Juvenile (& Open Pre-Juv.)	1:15 max	<ul style="list-style-type: none"> • Single jump (may include Axel) • Jump combination: single/single (may include Axel) • Layback spin or camel spin - minimum three revolutions • Step sequence - circular
Juvenile & Open Juv.	1:15 max	<ul style="list-style-type: none"> • Single Axel • Jump combination: single/single or double/single • Layback spin or camel spin - minimum three revolutions • Step sequence – circular

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Level	Time	Skating rules/standards
Intermediate	1:30 max	<ul style="list-style-type: none"> • Double Salchow or double toe loop • Jump combination: single/single or double/single • Flying spin, minimum five revolutions • Step sequence – straight line
Novice	1:30 max	<ul style="list-style-type: none"> • Double loop • Jump combination: double/single or double/double • Flying spin - minimum five revolutions • Step sequence – straight line
Junior	1:30 max	<ul style="list-style-type: none"> • Double flip • Jump combination: double/double or triple/double • Combination spin - minimum 10 revolutions • Step sequence – straight line
Senior	1:30 max	<ul style="list-style-type: none"> • Double Lutz • Jump combination: double/double or triple/double • Combination spin - minimum 10 revolutions • Step sequence – straight line

Adult COMPULSORY EVENTS

General event parameters:

- Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. Only required elements may be included.
- All events are skated on ½ ice.
- Minimum number of revolutions are noted in parentheses.

Level	Time	Elements
Adult Beginner	1:15 max	<ul style="list-style-type: none"> • Forward crossovers (Min. 5 consecutive) • Waltz jump • Two foot upright spin • Forward spiral (any edge)
Adult Pre-Bronze	1:15 max	<ul style="list-style-type: none"> • Backward crossovers (Min. 5 consecutive) • Waltz jump • Forward upright spin (Min. 3 revolutions) • Forward outside spiral
Adult Bronze	1:15 max	<ul style="list-style-type: none"> • Single Salchow • Waltz jump – toe loop combination jump • Sit spin (Min. 3 revolutions) • Spiral sequence (Min. 2 spirals)
Adult Silver	1:30 max	<ul style="list-style-type: none"> • Single loop • Single/single jump combination • Sit spin (Min. 3 revolutions) • Straight line step sequence
Adult Gold	1:30 max	<ul style="list-style-type: none"> • Single Lutz or Axel • Single/single or single/double jump combination • Camel spin (Min. 4 revolutions) • Straight line step sequence
Masters Intermediate/Novice	2:00 max	<ul style="list-style-type: none"> • Axel, double Salchow , double toe loop or double loop • Jump combination (double/double, single/double or double/single) that may include double Salchow , double toe loop or double loop and any single jump including Axel • Solo spin of skater's choice (Min. 6 revolutions) • Straight line step sequence
Masters Junior/Senior	2:00 max	<ul style="list-style-type: none"> • Choice of any double jump • Jump combination that may include any double jump • Solo spin of skater's choice (Min. 8 revolutions) • Straight line step sequence

SINGLES JUMPS CHALLENGE

INTRODUCTORY AND STANDARD LEVELS JUMP EVENTS

General event parameters:

- If dissatisfied with first attempt, the skater may execute a second jump attempt. If performed, the second attempt will be the one judged.
- Pre-juvenile and lower will be skated ½ ice; Juvenile – senior will be skated on full ice.
- Jumps with an "*" must be preceded with connecting steps (intermediate – senior).

Level	Time	Skating rules / standards
Beginner	1:15 max	<ul style="list-style-type: none"> • Waltz jump (from backward crossovers) • ½ flip or ½ Lutz • Single Salchow
High Beginner	1:15 max	<ul style="list-style-type: none"> • Waltz jump (from backward crossovers) • Single Salchow • Jump combination – waltz jump-toe loop
No-Test	1:15 max	<ul style="list-style-type: none"> • Single toe loop • Single loop • Jump combination – Any two ½ or single revolution jumps (no Axel)
Pre – Preliminary (& Limited Pre-Pre)	1:15 max	<ul style="list-style-type: none"> • Single toe loop • Single flip • Jump combination - Any two ½ or single revolution jumps (no Axel)
Preliminary	1:15 max	<ul style="list-style-type: none"> • Single flip • Single Lutz • Jump combination – Any single jump + single loop (may be Axel)
Pre – Juvenile	1:15 max	<ul style="list-style-type: none"> • Single Axel • Single or double jump • Jump combination – single/single (no Axel)
Juvenile & Open Juv.	1:30 max	<ul style="list-style-type: none"> • Single Axel • Double Salchow • Jump combination – single/single or double/single (no Axel)
Intermediate	1:30 max	<ul style="list-style-type: none"> • Single Axel • Double loop* • Jump combination – double/single (no Axel)
Novice	1:45 max	<ul style="list-style-type: none"> • Double loop • Double flip* • Jump combination – double/double (may be double Axel)
Junior	1:45 max	<ul style="list-style-type: none"> • Choice of double or triple jump • Double or triple flip* • Jump combination – double/double (may be double Axel)
Senior	1:45 max	<ul style="list-style-type: none"> • Choice of double or triple jump • Double or triple Lutz* • Jump combination – double/double or triple/double (may be double Axel)

Entry Deadline August 1, 2016

ADULT LEVELS JUMP Challenge

General event parameters:

- If dissatisfied with first attempt, the skater may execute a second jump attempt. If performed, the second attempt will be the one judged.
- Adult silver and lower will be skated ½ ice; adult gold – masters junior/senior will be skated on full ice.
- Jumps with an "*" must be preceded with connecting steps (intermediate – senior).

Level	Time	Elements
Adult Beginner	1:00 max	<ul style="list-style-type: none"> • Bunny Hop • Mazurka or ballet jump
Adult Pre-Bronze	1:00 max	<ul style="list-style-type: none"> • Waltz or toe loop jump • ½ flip, ½ Lutz or ½ loop
Adult Bronze	1:00 max	<ul style="list-style-type: none"> • Single Salchow • Single toe loop • Any single jump + single toe loop combination (No Axels allowed)
Adult Silver	1:15 max	<ul style="list-style-type: none"> • Single flip • Single loop • Single/single combination (Axel is permitted)
Adult Gold	1:15 max	<ul style="list-style-type: none"> • Single Axel • Single Lutz • Single/single or single/double jump combination (may include any single jump, double toe loop or double Salchow)
Masters Intermediate/Novice	1:30 max	<ul style="list-style-type: none"> • Axel • Double Salchow , double toe loop or double loop • Jump combination (double/double, single/double or double/single) that may include double Salchow , double toe loop or double loop and any single jump including Axel
Masters Junior/Senior	1:30 max	<ul style="list-style-type: none"> • Double loop or double flip • Double Lutz • Jump combination that may include any double jump

SINGLES SPINS CHALLENGE

INTRODUCTORY AND STANDARD LEVELS SPIN EVENTS

General event parameters:

- Spins may be skated in any order.
- Connecting steps are allowed, but will not be taken into consideration in scoring.
- Spins may not be repeated. Only required elements may be included.
- All events are skated on ½ ice with no music.
- Minimum number of revolutions are noted in parentheses.
- Genders may be combined.

Level	Time	Skating rules / standards
Beginner	1:30 max	<ul style="list-style-type: none"> • Upright one-foot spin (3) • Upright two-foot spin (3) • Sit spin (3)
High Beginner	1:30 max	<ul style="list-style-type: none"> • Upright one-foot spin (3) • Upright two-foot spin (3) • Sit spin (3)
No-Test	1:30 max	<ul style="list-style-type: none"> • Upright one-foot spin (3) • Upright two-foot spin (3) • Sit spin (3)
Pre – Preliminary (& Limited Pre-Pre)	1:30 max	<ul style="list-style-type: none"> • Upright one-foot spin (3) • Upright back-scratch spin (3) • Sit spin (3)

Entry Deadline August 1, 2016

Level	Time	Skating rules / standards
Preliminary	1:30 max	<ul style="list-style-type: none"> • Forward scratch to back scratch spin (3) • Combination spin with no of foot (4) • Sit spin (3)
Pre – Juvenile (& Open Pre-Juv.)	1:30 max	<ul style="list-style-type: none"> • Camel spin (3) • Combination spin – camel to sit spin; no change of foot (6) • Forward to backward scratch spin (3 per foot)
Juvenile & Open Juv.	1:30 max	<ul style="list-style-type: none"> • Sit spin (4) • Combination spin – change of foot; optional change of position (4 per foot) • Girls – layback spin (4); Boys – camel spin (4)
Intermediate	1:30 max	<ul style="list-style-type: none"> • Flying camel spin (5) • Sit spin to backward sit spin (4 per foot) • Combination spin – change of foot & change of position (4 per foot)
Novice	1:30 max	<ul style="list-style-type: none"> • Choice of camel, sit or layback spin (6) • Camel spin to backward camel spin (4 per foot in position) • Combination spin – change of foot & two changes of position (2 per position & 5 per foot)
Junior	1:30 max	<ul style="list-style-type: none"> • Flying sit spin or flying reverse sit spin (6) • Ladies – layback spin (6); men – cross-foot spin (6) • Combination spin – with change of foot & utilizing all three positions (2 per position & 5 per foot)
Senior	1:30 max	<ul style="list-style-type: none"> • Flying spin of choice (6) • Solo spin of choice (6) – may not fly • Combination spin – with change of foot & utilizing all three positions (2 per position & 5 per foot)

ADULT LEVELS SPIN EVENTS

General event parameters:

- Spins may be skated in any order, not repeated. Only required elements may be included.
- Minimum number of revolutions are noted in parentheses.
- Connecting steps are allowed, but will not be taken into consideration in scoring.
- All events are skated on ½ ice with no music.
- Genders may be combined.

Level	Time	Skating rules / standards
Adult Pre-Bronze	1:15 max	<ul style="list-style-type: none"> • One-foot upright spin (3) • Two-foot upright spin (3)
Adult Bronze	1:15 max	<ul style="list-style-type: none"> • One-foot upright spin (4) • One-foot back spin (3) • Sit spin (3)
Adult Silver	1:30 max	<ul style="list-style-type: none"> • Camel spin (3) • Layback, sideways leaning or sit spin (4) • Combination spin with at least one change of position, no change of foot (3 in each position)
Adult Gold	1:30 max	<ul style="list-style-type: none"> • Solo spin, no change of foot (4) • Second solo spin, different from the first; change of foot optional (4) • Combination spin with only one change of foot and at least one change of position (4 each foot)
Masters Intermediate/Novice	1:30 max	<ul style="list-style-type: none"> • Solo spin of skater's choice (Min. 6 revolutions) • Second solo spin, different from the first; change of foot optional (4) May have a flying entry • Combination spin that may have more than one change of foot and at least one change of position (4 each foot)

Entry Deadline August 1, 2016

Level	Time	Skating rules / standards
Masters Junior/Senior	1:30 max	<ul style="list-style-type: none">• Solo spin of skater's choice (Min. 8 revolutions)• Solo spin with a flying entry• Combination spin that may have more than one change of foot and at least one change of position (4 each foot). May have a flying entry

PAIRS FREE SKATING AND SHORT PROGRAM EVENTS

General event parameters:

1. Skaters will skate to the music of their choice.
2. See the Rule noted below for each level for test qualifications and age requirements. Level will be determined by the highest Pair test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
3. The IJS judging system will be used.
4. All relevant and appropriate IJS rules will be used. Coaches and athletes are expected to be aware of these rules by reading the documents on www.usfigureskating.org, under "Technical Information," then "Singles/Pairs".
5. Free Skate and Short programs are separate events.
6. Free Skate Program Events.
 - o Pre-Juvenile Free Skate program – Rule 5250
 - o Juvenile Free Skate program – Rule 5340
 - o Intermediate Free Skate program – Rule 5230
 - o Novice Free Skate program – Rule 5220
 - o Junior Free Skate program – Rule 5210
 - o Senior Free Skate program – Rule 5200
7. Short Program Events.
 - 2016-2017** Short Program Requirements will be used
 - o Intermediate Short Program – Rule 5230
 - o Novice Short Program – Rule 5220
 - o Junior Short Program – Rule 5210
 - o Senior Short Program – Rule 5200

Entry Deadline August 1, 2016

SHOWCASE EVENTS

DRAMATIC ENTERTAINMENT EVENT

Programs should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions. Props and scenery are permitted.

LIGHT ENTERTAINMENT EVENT

Showcase program that should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions. Props and Scenery are permitted

DUET EVENT

Duets are theatrical or artistic performances by any competitors. Props and scenery are permitted. Duets must compete at the highest test level of the two skaters.

General event parameters:

1. Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher. See below table for level descriptions.
2. The determination of level will be based upon test requirement at the entry deadline.
3. Dramatic and Light Entertainment may be combined. Adult events may be combined. Genders may be combined.
4. Current guidelines and procedures for nonqualifying showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page.
5. Props- In events where props/scenery are permitted, the skater is allowed one minute to take the ice and setup the prop, unassisted. The skater also has one minute to remove the prop unassisted. A .1 score deduction may be taken for time violations. Props must fit through the standard entry to the ice, not the Zamboni door.

***Note:** these levels do not qualify for National Showcase.

Event	Must have passed(dance tests refer to solo or partnered standard track)	Must not have passed(dance tests refer to solo or partnered standard track)	Age	Time
*Beginner *High Beginner *No Test	May not have passed any official U.S. Figure Skating free skate tests.	Pre-Preliminary Free Skate	No age restriction	1:30 max
*Pre-Preliminary	Pre-Preliminary Free Skate	Preliminary Free Skate	No age restriction	1:30 max
Preliminary	Preliminary Free Skate	Pre-Juvenile Free Skate	No minimum age (max age 20)	1:40 max
Pre Juvenile	Pre-Juvenile Free Skate 2 Preliminary Dances	Juvenile Free Skate or Complete Pre-Bronze Dance	No minimum age (max age 20)	1:40 max
Juvenile	Juvenile Free Skate Complete Preliminary Dance	Intermediate Free Skate Any Silver Dance	13 and under	2:10 max
Teen	Juvenile Free Skate Complete Preliminary Dance	Intermediate Free Skate Any Silver Dance	14-17	2:10 max
Intermediate	Intermediate Free Skate Complete Bronze Dance	Novice Free Skate Any Gold Dance	17 and under	2:10 max
Young Adult	Juvenile Free Skate Complete Preliminary Dance	Novice Free Skate Any Gold Dance	18-20	2:10 max

This event is a standard U.S. Figure Skating Nonqualifying Competition



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Novice	Novice Free Skate One Silver Dance	Junior Free Skate Any Gold Dance	No age restriction	2:10 max
Junior	Junior Free Skate Two Pre-Gold Dances	Senior Free Skate Completed Gold Dance	No age restriction	2:40 max

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Senior	Senior Free Skate Complete Gold Dance		No age restriction	2:40 max
Event	Must meet requirements for*	Must not have passed	Age	Time
*Adult Pre-Bronze	Adult Pre-Bronze Free Skate or Pairs Events or have passed one Pre-Bronze Dance Test	Any Bronze Dance Test	21 and older	1:40 max
Adult Bronze	Adult Bronze Free Skate or Pairs Events or have passed the complete Pre-Bronze Dance Test	Any Pre-Silver Dance Test	21 and older	1:40 max
Adult Silver	Adult Silver Free Skate or Pairs Events or have passed one Pre-Silver Dance Test	Any Pre-Gold Dance Test	21 and older	1:40 max
Adult Gold	Adult Gold Free Skate or any Masters Pairs event or have passed one Pre-Gold Dance Test	Complete Pre- Gold Dance Test	21 and older	1:40 max
Masters	At least the Masters Intermediate or any Masters Pairs Event or have passed the complete Pre-Gold Dance Test		21 and older	1:40 max

This event is a standard U.S. Figure Skating Nonqualifying Competition



Entry Deadline August 1, 2016

SYNCHRONIZED SKATING EVENTS

General event parameters:

1. Teams will skate to the music of their choice. Vocal music is permitted.
2. All age restrictions are as of the preceding July 1st.
3. Teams may have a maximum of four alternates, in addition to the maximum number of skaters allowed per level.
4. See the current U.S. Figure Skating Rulebook, technical notification and/or ISU communication for skating requirements.
5. Moves in the field test level requirement is not needed for this non-qualifying event.
6. The 6.0 Majority judging system will be used.
7. The following rules apply to teams of all levels:
 - Rule 7020 - Clothing
 - Rule 7120 – Definitions of Steps and Turns
 - Rule 7130, 7140 – Definitions of Features and Requirements
 - Rule 7150 – General Criteria for Basic Requirements for Elements
 - Rule 7160 – Illegal Elements/Features/Additional Features/Movements

Level	Time	Roster	Age	Test level	Rules
Preliminary	2:00 +/- 10 sec.	8 – 16 skaters	All under age 12 Majority under age 10	None	Well balanced program: Rule 7270
Pre-Juvenile	2:15 +/- 10 sec.	8 – 16 skaters	Majority under age 12	None	Well balanced program: Rule 7260
Open Juvenile	2:30 +/- 10 sec.	8 – 16 skaters	Majority under age 20	Pre-preliminary moves in the field	Well balanced program: Rule 7250
Juvenile	3:00 +/- 10 sec.	12 – 20 skaters	Under age 13	Preliminary moves in the field	Well balanced program: Rule 7240
Intermediate	3:30 +/- 10 sec.	12 – 20 skaters	Under age 18	Pre-Juvenile moves in the field	Well balanced program: Rule 7230
Novice	3:30 +/- 10 sec.	12 – 20 skaters	Under age 16, with the exception of up to 4 skaters who may be 16 or 17.	Juvenile moves in the field	Well balanced program: Rule 7220
Junior	FS: 4:00 +/- 10 sec. SP: max 2:50	12 – 16 skaters	At least age 13; Under age 19	Intermediate moves in the field	WBP & Short Program: Rule 7210
Senior	FS: 4:30 +/- 10 sec. SP: max 2:50	16 skaters	At least age 15	Novice moves in the field	WBP & Short Program: Rule 7200
Adult	3:30 +/- 10 sec.	12 – 20 skaters	At least age 21, with the exception of up to 4 skaters who may be 18 – 20.	Preliminary moves in the field, dance or figure	Well balanced program: Rule 7500
Masters	3:00 +/- 10 sec.	12 – 20 skaters	At least age 25, with the majority of the team at least 30	None	Well balanced program: Rule 7510
Open Adult 1	2:30 +/- 10 sec.	8 – 16 skaters	Majority at least age 19; Recommend majority at least 40.	None	Well balanced program: Rule 7520
Open Adult 2	2:30 +/- 10 sec.	8 – 16 skaters	Majority at least age 19; with the majority of the team at least 30	None	Well balanced program: Rule 7530

Entry Deadline August 1, 2016

2016 OKLAHOMA OPEN PROGRAM ADVERTISING CONTRACT

We invite you to submit an ad to be printed in our program. Ads may be submitted to recognize or send a special message to your skater or to promote your business. The **deadline for submission of ad with artwork and check is August 1, 2016. All photos or artwork must be sized and ready for production (300 dpi or above in .pdf file format) and must be e-mailed to hdw74@cox.net.**

All ads will be printed in black and white. *Please do not mail photographs, they must be submitted by e-mail and in the correct format with SKATER'S name, skating level and ad size on subject line.* Photos can be submitted in .jpeg format. If you have any questions, please e-mail Heather Armstrong at hdw74@cox.net.

Advertising rates are based on camera-ready copy, which is black on white, the exact size and shape of the ad. Advertiser agrees to pay the cost of any additional type set, or other reproductions charges if camera-ready copy is not provided. All photographs must be black and white glossy prints (no negatives). Advertising agency commission must be paid by the advertiser.

Either submit and pay by secured credit card through EntryEeze
OR

E-MAIL art work to hdw74@cox.net and Heather Armstrong will contact you about the AD contract form and payment to Oklahoma City FSC.

PLEASE PRINT CLEARLY:

Name _____ Email _____
Address _____
City _____ State _____ Zip _____ Phone _____
Ad Size _____ Amt Enclosed _____

RATES AND SPECIFICATIONS (choose from designs below)

Pre-Designed Personal Ad	\$20	Inside Back Cover	\$175
Quarter Page	\$40	Inside Front Cover	\$175
Half Page	\$80	Outside Back Cover	\$200
Full Page	\$150		

Please submit one form per ad ordered (additional copies may be printed of this form). Indicate the number of the ads you wish to use if you choose pre-designed personal Ad, print "To" and "From" names.

Advertisement# _____ "Skater's Name" _____

"From" Name _____

Ad #1 (Personal Message. Sample: "Thank you to my coach – coach's name") Please print, 10 word limit



This ad is a
2.25 x 1.75" add.
Small

This ad is 3.375 x 2.625" add.
Large
Wide
.

This ad is 3.375 x
2.625" add.
Large
Tall
.